the mom exchange

THE MOM LIST

4 things you just can't teach a kid

- 1. Flowers don't taste as good as they smell.
- 2. You can't save an ice pop under your bed.
- 3. Pushing the elevator button seven times doesn't make it come any faster.
- 4. The bathroom has a door for a reason. - DEBORAH SKOLNIK

Do good in Support mom-friendly minutes

policies, from paid family leave to better health care,

at Momsrising.org, a website designed to bring moms together for social change. Start by signing the online petitions destined for politicians and media executives.



"Sometimes I secretly let the milk run out so that I have to make a latenight grocery run—all by myself. I drive slowly, put the windows down, and

enjoy a tiny piece of solitude."

-from I Was a Really Good Mom Before I Had Kids: Reinventing Modern Motherhood, by Trisha Ashworth and Amy Nobile (Chronicle Books)

Percentage of parents who spent more on vacation last year than they saved for their kids' college education

