## ADMIT IT!

## What's your dirty little secret?

"When I'm at Safeway, I buy a Nordstrom gift card and charge it as groceries. I can justify it that way."

"I lied and told my son's preschool that he was potty trained so he could get in. I acted surprised when he had an 'accident' every day."

"Once I realized my neighbors could hear me over the baby monitor (we were on the same frequency), I suddenly changed my tone and became 'Sweet, nice Mommy." "I pass gas and blame it on the kids."

"My kids don't wear pj's on weeknights. They go to bed in their school clothes so I don't have to fight with them about their outfits in the morning."

"I forgot to pick my boy up from kindergarten because I was too involved in a Vh1 Rockumentary." DIRTY
LITTLE SECRETS

from Otherwise Perfect Mama

TRISHA ASHWORTH and AMY NOBILE

and I Was A Realty Good More Before I Had Kids

-From Dirty Little Secrets From Otherwise Perfect Moms, by Trisha Ashworth and Amy Nobile, based on their interviews with hundreds of mothers (just published by Chronicle Books, \$13)

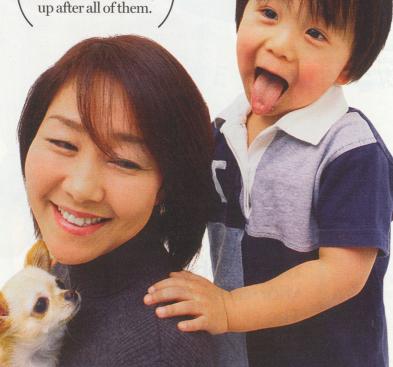
## **RIDICULOUS-TREND ALERT**

Parents are getting their kids' school and other photos retouched—even for preschoolers! Great, start the self-esteem problems good and young. We think freckles and stray hairs are cute!

2:1
Ratio of dogs and cats to

kids in the U.S.

And somehow, moms are in charge of feeding and cleaning up after all of them.



## Overheard in a ladies' room

Mom: "Okay,
I'll flush now."

Girl: "But it says 'Don't flush'!"

Mom: "No, it says 'Don't flush feminine products."

Girl: "What's a feminine product?"

(pause)

Mom: "Makeup."

Hear anything funny or juicy? Tell us! Go to Parenting.com/overheard to share.

